

Spiritual Warfare

**Armor:
Helmet of Salvation**
Message 6

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► Outline

Take the helmet of salvation...

Ephesians 6:17 (NIV)

A. Introduction

**(Ephesians 6:11-17. C/R: Psalm 119:114;
1 Thessalonians 5:8-9)**

**The Helmet of Salvation represents confident _____
of eternal life.**

What is Hope? Expectation based on _____!

B. Hope withstands Satan's attacks by...

**1. Reassuring when _____.
(Romans 5:3-5; 8:23-25; 2 Corinthians 4:16-18)**

**2. Removing fear of God's _____.
(John 6:37-40; 10:27-30; Romans 8:35-38;
Ephesians 1:13-14)**

**3. Reminding me of my _____.
(Romans 15:4,13; Ephesians 1:18; 2:12-13;
Hebrews 6:17-19)**

Answers: A. hope, faith B. 1. suffering 2. rejection 3. future

Resource Information: Scripture quotations marked (NLT) are taken from the *Holy Bible*, New Living Translation, copyright © 1996, 2004, 2015 by Tyndale House Foundation. Used by permission of Tyndale House Publishers, a Division of Tyndale House Ministries, Carol Stream, Illinois 60188. All rights reserved. C/R refers to a 'cross reference.' Today's outline and discussion guide are available through the Brookwood Church app.

► Discussion Guide

Use this guide by yourself or with friends to pursue a deeper relationship with Jesus. To connect with others, visit brookwoodchurch.org/adults.

Conversation Starter

Describe a time your faith was strong.

Begin your study with prayer

Pause for a few minutes to quiet your heart and mind. Then ask God for insight and direction as you study and reflect on this week's lesson.

Bible Study and Group Discussion

Read Ephesians 6:13-17.

The apostle Paul listed several pieces of armor worn by Roman soldiers to teach us about the spiritual armor given to us by God. This week our focus is on the **helmet of salvation**, which represents confident hope of eternal life.

Read 1 Thessalonians 5:8-9.

1. What was your view or understanding of God early on in life?
2. When did God become more real to you personally?
3. How is God changing you?
4. How can remembering the story of your salvation protect you from the attacks of Satan? Name examples of what that would look like.

Read 2 Corinthians 4:16-18.

5. When do you most experience spiritual renewal?
6. Describe a time you were overcome with grief or suffering. Do you think part of the struggle involved spiritual warfare? How can you tell?
7. What does it mean to *fix our gaze on things that cannot be seen*? What are practical ways to do this as you go about your day?

Read Romans 8:35-38.

8. Feeling separated from God's love can leave us vulnerable to the attacks of Satan. What lies are you tempted to believe when you're unaware of God's love?
9. This passage teaches that God's love is permanent. Always available. How would your life be different if you were filled with confident hope in God's forever love in a more ongoing way? See also Romans 15:4,13 and Hebrews 6:17-19.

Spiritual Practice

A spiritual practice is something we can do to help us live in and enjoy God's grace. We hope these practices become a regular part of your life so that walking and talking with God is the most natural thing you do.

Meditate on Ephesians 1:15-23 several times this week. Make note of words and phrases that *light up* as you read. Talk with God about what you're feeling and learning. Ask Him to fill you with such confident hope that you'll be able to withstand the attacks of Satan and that your life displays God's saving work to the people around you.

Memory Verse

Let us hold tightly without wavering to the hope we affirm, for God can be trusted to keep His promise.
Hebrews 10:23 (NLT)

Daily Reading

- Day 1: Psalm 119:114 Day 4: John 10:27-30
Day 2: 2 Corinthians 4:16-18 Day 5: Hebrews 6:17-19
Day 3: John 6:37-40

Prepare for Next Sunday

Next Sunday, November 6, we'll continue the series *Spiritual Warfare*. To prepare, read **Psalm 119:129-136** and **Hebrews 4:12-16**.

