

Family Talk– Refuel

READ TOGETHER

Psalm 144

1. What are things you're fighting for in your life?
2. How could God be using these things to prepare you for other works?

LIVE IT

Life is hard! We don't always want to admit this, but we're always fighting against something. A student may be fighting to get good grades. A parent may be fighting for her family. All of us have temptations we fight against. Even when life is going great, we're still fighting battles every day. Fighting these battles can be exhausting after a while, but God is using them for good.

We have no idea how God is going to use our battles for our good. A student who fights for good grades gains skills to tutor others. A parent who fights for her family learns she's stronger than she realized. As we fight temptations and overcome them, we gain confidence, we can help others and get a greater understanding of who God is and how much power He really has. The fight is hard, but God is with us, so don't give up!

LEAN ON GOD

Dear God,

Thank You for fighting my battles. I take comfort knowing that no matter how hard things get You're always with me. You are my rock, my refuge and my rescuer.

Amen.

