

## Family Talk – Patience

### READ TOGETHER

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#### Galatians 5:22-23

1. According to 1 Corinthians 13:4, *love is patient*. Think of a time someone was patient with you. How did that show you love?
2. 2 Peter 3:9, 15 tells us that God is patient with us so that everyone has time to feel sorry for their sins. What's one way God is being patient with you in your life?

### LIVE IT

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A way to describe patience is long-suffering. Patience is the ability to be quiet and not complain when there's a delay. However, we need more than our own strength to maintain a good attitude. We must have trust in God, who is bigger and stronger than we are.

This week, when you hear or see something that frustrates you, count to three and remember these three things:

1. God is patient with you.
2. God can be trusted.
3. You will be ok.

Ask God to grow your patience this week.

### LEAN ON GOD

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Dear God,

Thank you so much for Your patience with me. You love me so much, and I need Your help in being patient with others.

We love You.

Amen.

